

Rapid Improvement Activity (RIA)

In addition to the full 1-day training, your practice will participate in a Rapid Improvement Activity (RIA) provided by Health TeamWorks. This will be scheduled on a different day than the full 1-day training and will take place at your practice. The RIA is an interactive training that introduces a guideline and then engages the practice to develop implementation goals and next steps, and specify roles and responsibilities for the different members of the team. Your practice will be assigned a QI coach for the integration of the RIAs.

What to Expect

Before RIA:

- ✓ Health TeamWorks will contact practice to gather practice information and arrange date/time and logistics of RIA.
- ✓ Practice contact will inform all staff of date and time of RIA and inform staff that attendance is required.
- ✓ Installation of Heart Smart Kids system and training to additional staff

Day of RIA:

- ✓ Health TeamWorks RIA facilitator will arrive and provide lunch and toolkits/materials for all participants.
- ✓ Practice staff will brainstorm goals for system changes regarding childhood obesity in their practice.
- ✓ Practice staff will develop a work plan with action steps.
- ✓ Practice staff will designate a Childhood Wellness Champion and/or Care Manager by the end of the RIA.

After RIA:

- ✓ Practice will begin implementing action steps discussed at the RIA.
- ✓ CAFP will e-mail or call Champion to confirm work plan.
- ✓ Champion will receive an e-mail within the first week of the RIA to confirm goals and a 10 – 15 minute follow up call at 1 month, 3 months, 6 months, 9 months, and 12 months to review the work plan, goals, successes/barriers, any technical assistance needed, etc. (phone call may include the practice champion, lead clinical staff with CAFP staff)
- ✓ Practice champion will receive an updated work plan from CAFP and assist the practice staff with continuing to implement goals.
- ✓ Practice will receive a Certificate of Completion after 3 months if work plan is completed in addition to practice incentive provided by the CAFP

What to Expect (cont)

Example of a RIA Work Plan

ABC Clinic

5/12/09

Health TeamWorks Facilitator: Jane Doe

Practice Champion: John Smith

Projects Component/ Goals	Brief Description of Goals	Timeline for Completion	Person Assigned to Goal	Progress (completed, in progress, not completed)
Selected System Change	1. Develop section(s) in medical records to prompt asking and documenting BMI.	1 Week	John Smith	Not Completed
Action Steps	1. Train MA's to ask about BMI.	2 Months...	John Smith	Not Completed
	2. Develop protocol for providers to follow for patients identified as 85 th % or above.	3 months....	MA's	Not Completed
	3. Begin to use the Action Plan with patients as a prevention step for less than the 85 th %ile and set goals and follow up steps for pediatric patients above the 85 th %ile.		John Smith	Not Completed



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