

Project Leaders

Performing the goals and strategies of the CAFP Fit Family Challenge requires an engaged Practice Action Team that is prepared and capable of performing their roles and responsibilities. This team should be identified prior to implementation of the project.

Roles & Responsibilities

Lead Physician

The Lead Physician will direct and lead their staff in implementation of the CAFP Fit Family Challenge.

Specific Duties:

- Inform any staff that did not attend the training and coaching session about the goals and action steps of the Fit Family Challenge and their role in fulfilling them
- Execute & apply the strategies outlined in the Fit Family Challenge and Rapid Improvement Activity
- Direct & supervise the Fit Family Challenge group visits and monthly patient follow-ups; serve as lead physician for patients enrolled in the Fit Family Challenge intervention
- Discuss childhood obesity issues with clinic staff at meetings, including practice performance feedback
- Engage staff to become active, healthy leaders and champions of childhood obesity prevention & treatment

Care Manager

The Care Manager is a staff member at the clinic who will be responsible for the implementation of the CAFP Fit Family Challenge intervention alongside the Lead Physician. He/She serves as a staff leader engaging other staff in accomplishing best practices for pediatric obesity prevention & treatment.

Specific Duties:

- Inform any staff that did not attend the training and coaching session about the goals and action steps of the Fit Family Challenge and their role in fulfilling them
- Coordinate & administer the Fit Family Challenge group visits and monthly patient follow-ups; serve as the main contact for patients enrolled in the Fit Family Challenge intervention
- Responsible for data collection, documentation, and reporting of patient visits and records
- Serve as a liaison between practice staff and CAFP through participation in monthly calls throughout the pilot

Childhood Wellness Champion

The Childhood Wellness Champion is any supplementary staff member at the clinic who volunteers to support the completion of the practice goals regarding childhood obesity prevention and treatment.

Specific Duties:

- Inform any staff that did not attend the RIA about the goals and action steps that were outlined and their role in fulfilling them
- Support the completion of practice work plan of the RIA
- Give updates on goals & implementation strategies by participation in the monthly calls with the CAFP
- Communicate with local health agency and/or LiveWell Colorado coordinator regarding childhood obesity resources in the community

The Childhood Wellness Champion can also fill the responsibilities of the Care Manager and/or the Lead Physician. This does not require a third staff member for representation.