

## Open-Ended Questions Activity

On the left column is a list of Closed-ended questions. Think about ways of transforming these questions, or asking about the topic, using Open Ended Questions. Use the blank space to write your answers.

Closed Ended Question	Open Ended Alternative
Does your child want to lose weight?	
Has your child tried exercising to lose some weight?	
Does your child eat at least 3 meals a day?	
Is your child willing to follow a low fat diet for the rest of his life?	
Do you think your child could watch TV less time and do something active instead?	
Can you add more fresh vegetables to your dinner meal?	
Does your child like to eat vegetables?	
Can your child do a physical activity after school?	